



# 24<sup>th</sup> EUROPEAN CONGRESS ON OBESITY



**May 17-20 2017, Porto, Portugal**

**May 17, 2017, Wednesday**

## **EASO Teaching Courses**

<b>0830 - 1230</b>	<b>EASO COTF Teaching Course: Interventions in Childhood Obesity</b> <i>Chairs: J Baker (Denmark), JC Holm (Denmark)</i>	<b>Nobre</b>
<b>0830 - 0845</b>	<b>Welcome and introduction to the session</b>	<i>JL Baker (Denmark)</i>
<b>0845 - 0915</b>	<b>Medical Assessment and Early Detection of Complications</b>	<i>JC Holm (Denmark)</i>
<b>0915 - 0945</b>	<b>How to Assess Pre-diabetes and Diabetes and Treatment Recommendations</b>	<i>R Weiss (Israel)</i>
<b>0945 - 1015</b>	<b>How to Assess Physical Activity and Set-Up Specific Interventions</b>	<i>G O'Malley (Ireland)</i>
<b>1015 - 1030</b>	<b>Break</b>	
<b>1030 - 1100</b>	<b>How to Assess Nutrition and Provide Practical Recommendations for the Family</b>	<i>M Hassapidou (Greece)</i>
<b>1100 - 1130</b>	<b>Setting up a Childhood Obesity Clinic: Models, Challenges and Examples</b>	<i>N Farpour-Lambert (Switzerland)</i>
<b>1130 - 1200</b>	<b>Childhood Obesity Treatment: The Portuguese Setting</b>	<i>Speaker (Paediatrician) from Porto</i>
<b>1200 - 1230</b>	<b>How to make the most of practical guidelines: examples and advice</b>	<i>Panel</i>



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0830 - 1245	<b>EASO OMTF Teaching Course: Multidisciplinary Treatment in Adults</b> Chairs: <i>G Toman (Romania), V Yumuk (Turkey)</i>	<b>Infante</b>
0830 - 0900	Clinical evaluation of the obese patient	<i>H Toplak (Austria)</i>
0900 - 0930	Medical nutrition therapy think tank	<i>G Roman (Romania)</i>
0930 - 1000	The importance of motivational interviewing	<i>A Golay (Switzerland)</i>
1000 - 1030	Creating a 'hydragenic environment' for obesity treatment clinics	<i>J Gandy (UK)</i>
1030 - 1045	Coffee break	
	Chairs: <i>D Dicker (Israel), J Salvador (Spain)</i>	
1045 - 1115	Evidence based physical activity prescriptions	<i>M Holecki (Poland)</i>
1115 - 1145	Pharmacotherapy of obesity	<i>D Micic (Serbia)</i>
1145 - 1215	European guidelines for metabolic surgery	<i>M Fried (Czech R)</i>
1215 - 1245	Postbariatric surgery follow up	<i>L Busetto (Italy)</i>



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0830 - 1230	<b>EASO Patient Council Teaching Course: Stigma</b> <i>Chairs: D Durrer (Switzerland), C Fleetwood (Sweden)</i>	<b>D.Maria</b>
0900 - 0910	<b>Presentation of the program and the lecturers ... goal setting</b>	<i>Chairs</i>
0910 - 1030	<b>Weight Stigma concepts and theories</b>	<i>C Fleetwood (Sweden)</i>
1030 - 1045	<b>Break</b>	
1045 - 1130	<b>How to apply concepts and theories to our practice and personal behavior</b>	<i>A Sharma (Canada)</i>
1130 - 1200	<b>Evidence-based strategies to support people with obesity towards improved wellbeing while also addressing weight stigma.</b>	<i>X Ramos-Salas (Canada)</i>
1200 - 1215	<b>Discussion and close: We are all in this together</b>	<i>Panel</i>



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**1245 - 1415 Oral Sessions/Accepted Symposia**

<b>OS1</b>	<b>1245 - 1415</b>	<b>Oral Session: Psychology and Behaviour</b> <b>Chair: <i>C Hardmann (UK)</i></b>	<b>Despachantes</b>
<b>OS1:OC19</b>	<b>1245 - 1300</b>	<b>Is food addiction a singular and distinct entity from binge eating?</b>	<b><i>C Long (UK)</i></b>
<b>OS1:OC20</b>	<b>1300 - 1315</b>	<b>How important is fatness to young children's friendship choices, preferences, and self-identification?</b>	<b><i>J Charsley (UK)</i></b>
<b>OS1:OC21</b>	<b>1315 - 1330</b>	<b>Associations between Health-Related Quality of Life and Body Mass Index in Portuguese adolescents: LabMed Physical Activity Study</b>	<b><i>S Evaristo (Portugal)</i></b>
<b>OS1:OC22</b>	<b>1330 - 1345</b>	<b>Patterns of Public Opinions about Obesity and People with Obesity in Sweden, UK, Germany, and Italy</b>	<b><i>T K Kyle (US)</i></b>
<b>OS1:OC23</b>	<b>1345 - 1400</b>	<b>Bidirectional associations between psychosocial well-being and adherence to healthy dietary guidelines in European children: prospective findings from the IDEFICS study</b>	<b><i>L Arvidsson (Sweden)</i></b>
<b>OS1:OC24</b>	<b>1400 - 1415</b>	<b>Tracking diet variety in childhood and its association with appetitive traits</b>	<b><i>S Vilela (Portugal)</i></b>



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<b>OS2</b>	<b>1245 - 1415</b>	<b>Oral Session: Metabolic Outcomes</b> <i>Chairs: M Blüher (Germany), M Holecki (Poland)</i>	<b>Nobre</b>
	<b>1245 - 1300</b>	<b>Effects of prenatal exposure to cigarette smoke on adiposity, physical activity patterns, and resting energy expenditure in young children</b>	<b><i>D Cameron (Canada)</i></b>
<b>OS2:OC50</b>	<b>1300 - 1315</b>	<b>MRI-fat quantification of the liver, subcutaneous and visceral fatty tissue and correlation with blood lipids in patients before and after bariatric surgery</b>	<b><i>B Wölnerhanssen (Switzerland)</i></b>
<b>OS2:OC51</b>	<b>1315 - 1330</b>	<b>Effect of a lifestyle intervention in obese infertile women on cardiometabolic health and quality of life</b>	<b><i>L van Dammen (Netherlands)</i></b>
<b>OS2:OC52</b>	<b>1330 - 1345</b>	<b>Changes in physical fitness, hepatic markers, and insulin resistance after an 8-months multicomponent intervention program with Down syndrome adolescents.</b>	<b><i>E Silva (Brasil)</i></b>
<b>OS2:OC53</b>	<b>1345 - 1400</b>	<b>A randomised controlled trial assessing the impact of intermittent vs continuous energy restriction on blood pressure and anthropometry in healthy subjects with central obesity. "The Met-IER Study"</b>	<b><i>A Pinto (UK)</i></b>
<b>OS2:OC54</b>	<b>1400 - 1415</b>	<b>Metabolically healthy obese and incident cardiovascular disease events among 3.5 million men and women in the UK</b>	<b><i>R Caleyachetty (UK)</i></b>



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1245 - 1415 Accepted Symposium: Is it Time to Integrate Obesity Surgery within the Frames of Childhood Obesity Treatment? **Infante**  
Chair: *C Marcus (Sweden)*

1245 - 1305 Long-term effects of bariatric surgery in adolescents

*T Inge (US)*

1305 - 1325 Psychological outcomes after bariatric surgery in adolescents

*K Järholm (Sweden)*

1325 - 1345 Reasons against bariatric surgery in adolescents – what are the alternatives?

*R Weiss (Israel)*

1345 - 1415 Discussion



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<b>OS3</b>	<b>1245 - 1415</b>	<b>Oral Session: Adipose Tissue Biology</b> <b>Chairs: <i>E Blaak (Netherlands), C Calhau (Portugal)</i></b>	<b>D. Maria</b>
<b>OS3:OC1</b>	<b>1245 - 1300</b>	<b>The actions of elevated BNP on adipose tissue adaptations during chronic pressure overload</b>	<b><i>G Almeida (Portugal)</i></b>
<b>OS3:OC2</b>	<b>1300 - 1315</b>	<b>Insulin resistance is associated with a specific methylation profile of visceral adipose tissue in obese patients</b>	<b><i>A González-Izquierdo (Spain)</i></b>
<b>OS3:OC3</b>	<b>1315 - 1330</b>	<b>Ethnic differences in body fat distribution and the relationship with adipose tissue oestrogen receptor expression</b>	<b><i>D Keswell (South Africa)</i></b>
<b>OS3:OC4</b>	<b>1330 - 1345</b>	<b>Unbalanced proteostasis in preadipocytes in obesity-related type 2 diabetes</b>	<b><i>J Sánchez-Ceinos (Spain)</i></b>
<b>OS3:OC5</b>	<b>1345 - 1400</b>	<b>Alpha-MSH induces “browning” of subcutaneous white adipose tissue in mice</b>	<b><i>A Rodrigues (Portugal)</i></b>
<b>OS3:OC6</b>	<b>1400 - 1415</b>	<b>Involvement of the dermal white adipose tissue in cutaneous wound healing delay during obesity</b>	<b><i>A Begey (France)</i></b>



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1430 - 1600 Review/Workshop Sessions

<b>RS1</b>	1430 - 1600	Size matters: How can Big Data Help Obesity <i>Chairs: T Handjieva-Darlenska (Bulgaria), H Hauner (Germany)</i>	D. Luis
<b>RS1:1</b>	1430 - 1500	How to make the most out of big data: Best practice examples	<i>I Arts (Netherlands)</i>
<b>RS1:2</b>	1500 - 1530	Personalised nutrition and prediction of glycaemic responses	<i>D Zeevi (Israel)</i>
<b>RS1:3</b>	1530 - 1545	The Body Composition Profile – Enhancing the Understanding of Obesity using UK Biobank Imaging Data	<i>O Leinhard (Sweden)</i>
<b>RS1:4</b>	1545 - 1600	Metabolic profiling of tissue-specific insulin resistance in human obesity	<i>N Vogelzangs (Netherlands)</i>





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**1430 - 1600**      **Review/Workshop Sessions**

<b>RS2</b>	<b>1430 - 1600</b>	<b>A Year in Adipose Tissue: Novel Players and Future Treatments in WAT and BAT Biology</b> <i>Chairs: G Goossens (Netherlands), M Monteiro (Portugal)</i>	<b>Nobre</b>
<b>RS2:1</b>	<b>1430 - 1500</b>	<b>FGF21 and energy balance</b>	<b><i>F Villarroya (Spain)</i></b>
<b>RS2:2</b>	<b>1500 - 1530</b>	<b>Plasticity of Adipose Tissue</b>	<b><i>F Karpe (UK)</i></b>
<b>RS2:3</b>	<b>1530 - 1545</b>	<b>Calorie restriction decreases thermogenic potential of subcutaneous WAT in humans.</b>	<b><i>V Barquissau (France)</i></b>
<b>RS2:4</b>	<b>1545 - 1600</b>	<b>Adipocyte hypertrophy and associated inflammatory phenotype as major determinants of insulin resistance in male obese humans</b>	<b><i>K Verboven (Netherlands)</i></b>



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<b>RS3</b>	<b>1430 - 1600</b>	<b>Loss versus Maintenance: The False Dichotomy</b> <i>Chairs: B Heitmann (Denmark), G Roman (Romania)</i>	<b>Infante</b>
<b>RS3:1</b>	<b>1430 - 1500</b>	<b>Predictors of weight regain after moderate diet-induced weight loss</b>	<b><i>M van Baak (Netherlands)</i></b>
<b>RS3:2</b>	<b>1500 - 1530</b>	<b>Long term weight loss maintenance for obesity: a multidisciplinary approach</b>	<b><i>P Sbraccia (Italy)</i></b>
<b>RS3:3</b>	<b>1530 - 1545</b>	<b>Early responders to liraglutide 3.0 mg as adjunct to diet and exercise from the SCALE Maintenance trial</b>	<b><i>S Wharton (Canada)</i></b>
<b>RS3:4</b>	<b>1545 - 1600</b>	<b>Long-term follow-up (4 years) of patients receiving cognitive behavioural therapy (CBT) or usual care before bariatric surgery: A randomized controlled trial</b>	<b><i>H Gade (Norway)</i></b>



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**RS4**      **1430 - 1600**      **Population Based Approaches**      **D. Maria**  
*Chairs: C Lopez (Portugal), T Visscher (Netherlands)*

**RS4:1**      **1430 - 1500**      **Regulation around the food environment (portion size, labelling, fiscal)**      **T Lobstein (UK)**

**RS4:2**      **1500 - 1530**      **Global Active Cities**      **G Messmer (Switzerland)**

**RS4:3**      **1530 - 1600**      **Population approaches**      **J Lakerveld (Netherlands)**



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**1800 - 1945**      **Plenary Session/Opening Ceremony**

**PL1**      **1800 - 1900**      **Opening Plenary: Obesity as a disease**  
**Chairs: *D Carvalho (Portugal), P Freitas (Portugal), H Toplak (Austria)***

**Despachantes**

**1800 - 1820**      **The WHO view of Obesity as a disease**

***J Breda (Portugal)***

**PL1:2**      **1820 - 1840**      **The challenges in defining obesity**

***K Schindler (Austria)***

**PL1:3**      **1840 - 1900**      **Beyond cardiometabolic disease: the myth of 'healthy obesity'**

***M Blüher (Germany)***

**1900 - 1945**      **ECO2017 Opening Ceremony**

**Despachantes**

**Chairs: *D Carvalho (Portugal), P Freitas (Portugal), H Toplak (Austria)***