



24th EUROPEAN CONGRESS ON OBESITY

EASO

European Association for the Study of Obesity

May 17-20 2017, Porto, Portugal

May 18, 2017, Thursday

0830 - 0915 Plenary Session

PL2

Childhood Obesity Plenary

Despachantes

Chairs: *N Farpour-Lambert (Switzerland), C Rego (Portugal)*

PL2:1

Educating HCPs into a new paradigm: A Danish success story

JC Holm (Denmark)



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0930 - 1100 Review/Workshop Sessions

RS5 0930-1100 EASO COMs Session: Post Bariatric Surgery Challenges
Chairs: *L Busetto (Italy), D Cuthbertson (UK)*

Despachantes

0930 - 1000 Hypoglycaemia

E Capristo (Italy)

RS5:2 1000 - 1030 Metabolic bone disease

N Vilarrasa (Spain)

1030 - 1100 Patient Council member experiences

EASO Patient Council



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RS6	0930-1100	Biological Rhythms and Behavioral Patterns <i>Chairs: J Blundell (UK), E Conceição (Portugal)</i>	Nobre
RS6:1	0930 - 1000	Biological rythms, lifestyle choices and insulin resistance	<i>E Scott (UK)</i>
	1000 - 1030	Circadian system and glucose metabolism: Implications for physiology and disease	<i>F Scheer (US)</i>
RS6:3	1030 - 1045	Habitual sleep duration and quality in individuals with obesity and appetite markers	<i>M Kleppe (Norway)</i>
RS6:4	1045 - 1100	Impact of season on measured body mass index: artefact of age or effect of the environment? - The Childhood Obesity Surveillance Initiative in the Republic of Ireland – 2008, 2010, 2012 & 2015	<i>S Bel-Serrat (Ireland)</i>



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RS7 0930-1100 EASO PPHTF Session: Integrating Insights
Chairs: *S Lehtinen-Jacks (Finland), F Rasmussen (Sweden)* Infante

RS7:1 Systems Approach: the theory *S Kremers (Netherlands)*
RS7:2 From theory to practice *H Rutter (UK)*
RS7:3 How do systems really work in practice and how do you make them work? *B Lee (US)*



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AS2	0930-1100	Accepted Symposium: the MoodFOOD EU Project Chair: <i>P Christiansen (UK)</i>	D. Maria
AS2:1	0930 - 0950	The Mindful Eating Behaviour Scale: development, psychometric properties and correlations with BMI	<i>L Winkens (Netherlands)</i>
AS2:2	0950 - 1010	Which biopsychosocial variables contribute to more weight gain in depressed persons?	<i>N Paans (Netherlands)</i>
AS2:3	1010 - 1030	Obesity and depressive symptoms in a multi-ethnic population	<i>D Gibson Smith (Netherlands)</i>
AS2:4	1030 - 1050	Bidirectional association between weight and waist circumference change with common mental disorder: prospective findings from the Whitehall II study	<i>A Knüppel (UK)</i>
	1050 - 1100	Discussion	



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1130 - 1300 Oral Sessions/Symposia

OS4	1130 - 1300	Oral Session: Energy Balance <i>Chairs: F Tinahones (Spain), Y Schutz (Switzerland)</i>	Despachantes
OS4:OC7	1130 - 1145	Sustainability of changes in appetite at 1-year follow-up after initial weight loss with a very-low energy diet	<i>S Nymo (Norway)</i>
OS4:OC8	1145 - 1200	Habitual physical activity and satiety: confirmatory evidence for enhanced homeostatic appetite control in physically active individuals	<i>K Beaulieu (UK)</i>
OS4:OC9	1200 - 1215	Promoting satiation and satiety within a weight management programme improves appetite control and weight loss	<i>N Buckland (UK)</i>
OS4:OC10	1215 - 1230	Associations between genetic susceptibility, eating behaviour and growth in children up to 5 years, results from the EDEN mother-child cohort	<i>B Guillain (France)</i>
OS4:OC11	1230 - 1245	Evaluation of the accuracy of predictive equations in estimating Resting Energy Expenditure in obese patients	<i>R Sammarco (Italy)</i>
OS4:OC12	1245 - 1300	Acute exercise modifies levels of adiponectin and other (adipo)cytokines in cerebrospinal fluid of young individuals	<i>Z Janakova (Slovakia)</i>



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OS5	1130 - 1300	Oral Session: Environment and Policy Chairs: <i>J Lakerveld (Netherlands), T Lobstein (UK)</i>	Nobre
OS5:OC31	1130 - 1145	Exploring the relation of exposure to fast food outlets with obesity	<i>J Mackenbach (France)</i>
OS5:OC32	1145 - 1200	Associations between the food environment and obesity: the impact of methodological choices on outcomes	<i>M Hobbs (UK)</i>
OS5:OC33	1200 - 1215	How does parents' perception of food insecurity impacts on adolescents' nutritional status, diet, and psychological wellbeing?	<i>A Prioste (Portugal)</i>
OS5:OC34	1215 - 1230	A systematic review of the effectiveness of individual, community and societal-level interventions at reducing socio-economic inequalities in obesity among adults and children	<i>F Brown (UK)</i>
OS5:OC35	1230 - 1245	Impact of a soft-drink free policy on sales of unhealthy and all drinks in YMCA Victoria aquatic and recreation centres	<i>T Robinson (Australia)</i>
OS5:OC36	1245 - 1300	Maternal generation and overweight and obesity in 2-11 year old children: Evidence from birth cohort of the longitudinal study of Australian children	<i>T Zulfiqar (Australia)</i>



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AS3	1130 - 1300	Accepted Symposium: Developing and Designing Evidence Based Digital Tools for Weightloss Maintenance: the H2020 NoHoW Project Chairs: <i>B Heitmann (Denmark), M Marques (Portugal)</i>	Infante
AS3:1	1135 - 1150	Losing weight and keeping it off in Europe: representative population weight control surveys in 3 countries	<i>E Evans (United Kingdom)</i>
AS3:2	1150 - 1205	A qualitative investigation of the role of emotion regulation in weight loss maintenance and its interaction with motivation and behavioural self-regulation	<i>K Sainsbury (United Kingdom)</i>
AS3:3	1205 - 1220	Evidence-based behaviour change in a weight loss maintenance e-Health program: The H2020 NoHoW intervention toolkit	<i>A Palmeira (Portugal)</i>
AS3:4	1220 - 1235	The development of the NoHoW trial for weight loss maintenance: design, analyses, challenges and solutions	<i>S Scott (United Kingdom)</i>
	1235 - 1300	Discussion - <i>M Marques (Portugal), J Stubbs (United Kingdom), P Sacher (United Kingdom)</i>	



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OS6	1130 - 1300	Oral Session: Childhood Obesity Management: from the Lab to the Community Chairs: <i>G O'Malley (Ireland), A Rito (Portugal)</i>	D. Maria
OS6:OC37	1130 - 1145	Targeting parental recognition and understanding of childhood overweight to improve child weight outcomes: the impact of the MapMe intervention at 12 months follow up	<i>A Jones (UK)</i>
OS6:OC38	1145 - 1200	Gaining Consensus on Obesity-Related Co-morbidities to include in a Screening Tool for Children and Adolescents attending Community Weight Management Services	<i>V Sharma (UK)</i>
OS6:OC39	1200 - 1215	New Reference values for Cardiorespiratory Fitness in Children and Adolescents with Obesity	<i>L Johansson (Sweden)</i>
OS6:OC40	1215 - 1230	The parent-led PEACH™ program for child weight management improved parenting and child diet, and was associated with reduced child adiposity when delivered at scale	<i>C Moores (Australia)</i>
OS6:OC41	1230 - 1245	User and provider perspectives on the recruitment process of a family-focused, multicomponent childhood weight management programme delivered in the community setting	<i>E Kelleher (Ireland)</i>
OS6:OC42	1245 - 1300	Raising Healthy Kids – A national health target to help tackle childhood obesity	<i>H McRobbie (New Zealand)</i>



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1500 - 1545 EASO Patient Council Plenary

PL3

Great expectations: Patient and practitioner viewpoints
Chairs: *K Clare (UK), X Ramos-Salas (Canada)*

Despachantes

1500 - 1520 The person centred approach

A Sharma (Canada)

1520 - 1545 EASO Patient Council: the need for greater patient involvement

Patient Council Panel



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1615 - 1745 Review/Workshop Sessions

RS8 1615 - 1745 **Beyond the Minister of Health: Lessons from countries where obesity is classified as a disease** **Despachantes**
Chairs: *JC Holm (Denmark), B Ludvik (Austria)*

1615 - 1635 Lessons from the US

1635 - 1655 Lessons from Portugal

RS8:2 1655 - 1715 Lessons from Turkey

RS8:1 1715 - 1735 Lessons from Canada

1735 - 1745 PPHTF Discussion

D Horn (US)

J Silva-Nunes (Portugal)

N Yardim (Turkey)

X Ramos Salas (Canada)



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RS9 1615 - 1745 **Information Technology: A cause and a tool to treat obesity** **Nobre**
Chairs: *P Machado (Portugal), P Sacher (UK)*

1615 - 1645 **Screen time reduction** *L Sardinha (Portugal)*
RS9:2 1645 - 1715 **Developing tools for weight loss maintenance: The NoHoW Toolkit** *J Stubbs UK)*
1715 - 1745 **mHealth for obesity management** *K Pietiläinen (Finland)*



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AS4	1615 - 1745	Accepted Symposium: Young adult obesity: The transition from adolescence to emerging adulthood <i>Chair: A Poobalan (United Kingdom)</i>	Infante
AS4:1	1615 - 1625	Why should we focus on weight issues in young adults?	<i>K Steinbeck (Australia)</i>
AS4:2	1625 - 1635	Young adults' lifestyle factors and risky behaviours and their interactions with obesity	<i>A Poobalan, L Aucott (UK)</i>
AS4:3	1635 - 1645	Modern day technology & weight gain in young adults	<i>S Thomee (Sweden)</i>
AS4:4	1645 - 1655	Obesity, emerging adulthood & e-learning	<i>C Nikolaou (Belgium)</i>
AS4:5	1655 - 1705	Psychosocial issues in young adults with obesity	<i>A Hill (United Kingdom)</i>
AS4:6	1705 - 1715	Clinical management of weight issues in young adults	<i>L Baur (Australia)</i>
AS4:7	1715 - 1745	Panel Discussion: Engaging young adults on health and weight	<i>T Gill (Australia)</i>



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1615 - 1745 NIU Scientific Session
Chairs: *NIU Board*

D. Maria

Senior Presentation

EASO NIU Best Thesis Candidate 1
EASO NIU Best Thesis Candidate 2
EASO NIU Best Thesis Candidate 3
EASO NIU Best Thesis Candidate 4

A Domingos (Portugal)

E Canfora (Netherlands)

J-B Cavin (France)

L Kupers (Netherlands)

J Mackenbach (Netherlands)